

## **PGF Research Projects 2009-2010**

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### **Pathways Project**

A clinical pathways project was developed in 2008, but postponed until now due to competing priorities. This project as originally formulated aimed to discover the diversity of the cliental presenting to problem gambling counselling services and to assess the degree to which the individual client characteristics were reflected in the treatment plan for that client. The particular characteristics focused on were: co-morbid disorders, such as depression, risk factors for brain injury, anxiety disorders, substance dependence/abuse, history of domestic violence, and any other coexisting issues.

This project has been amended to the following format. One hundred randomly selected clients who received comprehensive assessments at an outpatient problem gambling counselling service in Nelson will have their files reviewed to assess the presence of co-existing issues as described above. In addition, the clients will be followed-up for their perception of the features of the counselling that contributed to or detracted from the counselling intervention and to record their satisfaction with the intervention and outcome.